



DECEMBER 2023

NORTH WARREN

** Please join us for lunch immediately after at 12pm!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				ROSEMARY
4	5	6	7	8
YOGA WITH LIZ 11am		 Chronic Pain Management 11-12noon	Rutgers Nutrition Education	Dealing with grief during the holidays with Avis
11	12	13	14	15
YOGA WITH LIZ 11am		ALL SITES ARE CLOSED TODAY	ZUMBA WITH SANDY 11 AM	ROSEMARY
18	19	20	21	22
YOGA WITH LIZ 11am		<i>Gisela Singing</i> 	Bright & Beautiful 	Holiday Sweater day
25	26	27	28	29
Holiday Closed Happy Holidays 		Snowflake day LET IT SNOW!	ZUMBA WITH SANDY 11 AM	Birthday Celebrations